



Himalayan Rescue Association – USA
PO Box 365
Gallatin Gateway, MT 59730
USA



Himalayan Rescue Association – Nepal
PO Box 4944
Dhobichaur, Lazimpat
Kathmandu Nepal

This is a letter of appreciation for the donation of expertise, time and travel by **Rigging for Rescue**® for the technical rope rescue training seminar hosted by the **Khumbu Climbing School and Everest ER** held in Phortse, Nepal, from January 31-February 2, 2009.

The intensive instructor-level session covered basic principles of rope rescue including applications of: Basic Rope Rescue Physics including Vectors; Rescue Safety Systems (Tandem Prusik Belay with Radium Release Hitch); Anchor Points & Systems (vegetation, snow-related and ice climbing protection anchors); Simple and Compound Pulley Systems (natural progressions of each); Command & Communication; Scene Size-up & Systems Planning; Rope Elongation Properties (Static vs Dynamic) and Considerations of use. Techniques explored during this seminar included: Personal On-Rope skills involving rappelling and ascending (using Purcell prusiks) a fixed rope including knot passes; Standard Lowers and Raises both with and without a stretcher including a knot pass; and a Lowering Based Pick Off (the BC Pickoff).

This seminar, which we hope to be repeated and grown in years to come, has helped to create the Everest Rescue Team, providing much needed jobs for Sherpa climbers and safety and expertise in the Himalaya.

Thank you for your generous donation!

Sincerely,

Luanne Freer, MD

Director HRA-USA